

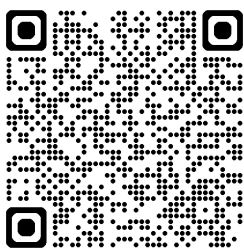
Children in Care Team



**Helping children and young people with
their physical and emotional health needs
and promoting healthy lifestyle choice.**

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Service provided by

Sirona
care & health

About the Children in Care team

Our team is made up of specially trained nurses who provide care and support for children in care. We are dedicated to providing every child and young person with the best care possible. We carry out health assessments for children and young people in care across Bristol, North Somerset and South Gloucestershire.

We will:

- Be a health contact for children, young people, parents, carers and social workers.
- Be advocates for children and young people in care.
- Liaise with other professionals involved in the care of the child and young person to share information and to help them improve health and wellbeing.
- Refer to other agencies or teams in full consultation with the child or young person as needed.

Initial health assessment

The Children in Care team will be notified by the social care team when a child or young person comes into care.

Our team will organise the first health assessment with a community paediatrician in a clinic in the area. This is a statutory requirement, and it is very important that the child or young person attends this appointment. The child or young person will be accompanied by their carer, social worker or support worker.

When the doctor has completed the assessment, they will draw up an initial health care plan for the child or young person. They will also make sure the health and social care team know about health needs and their treatment plan.

The health recommendations from this meeting will be sent to the carer and the young person if these are needed. Every child will then be allocated a Children in Care nurse.

Review Health Assessments

Review health assessments are carried out by our nurses when a child or young person has had their initial health assessment. A child aged under five will have their review health assessments every six months. For those aged 5-18, this will happen every 12 months.

The Children In Care nurse will review any actions from the previous health plan, discuss general health, possibly check height and weight and talk through any worries or concerns. It would be helpful to have dates available of recent visits to the dentist, optician or any specialist appointment.

The Children in Care nurse will provide advice and information on physical development and emotional health. This may include immunisations, substance misuse, sexual health and access to local services. An updated health plan will then be agreed.

The review health assessments can be carried out in many different places including at home, in school or any location that meets the needs of the child or young person. It can also take place by telephone or virtually.

When the young person reaches 18 years of age, they will receive a health passport. This is a summary of their health and is generated by the Children in Care nurses.

How can we get better

Would you like to help us improve? You can tell us what you think of today's assessment and what we can do better by taking our survey.

Go to our [recent health assessment survey](http://bit.ly/3lhD2zG?r=qr) (<http://bit.ly/3lhD2zG?r=qr>) or scan the QR code with your mobile camera to visit our survey page.



Your response is anonymous and will help us to improve our service.

How can we get better

You can contact the Children in Care nurses on:

Telephone: 0300 125 6911

Email: sirona.cicadminbnssg@nhs.net

Let us know what you think and get involved

Telephone: 0300 124 5300*

Email: sirona.hello@nhs.net

Website: [Link to Sirona website \(sirona-cic.org.uk\)](http://sirona-cic.org.uk)

*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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