



Clinical and Spinal Assessment Treatment Services (CATS and SATS)

Inspected and rated

Good



Service provided by

Sirona care & health

You have been referred to the Clinical or Spinal Assessment & Treatment Service by your GP for a specialist opinion on the cause of your problem.

We are a triage service and aim to offer prompt access for assessment, advice and treatment. This could be of a conservative nature, such as injection therapy, Physiotherapy, exercise, or we may refer you to a Consultant if we feel this is needed. This leaflet tells you what to expect from your assessment.

About your appointment

You may be assessed by either an Extended Scope Practitioner or GP with a Special Interest (GPwSI) in orthopaedics. Please bring appropriate clothing to allow us to fully assess the area e.g. shorts if your problem is with your legs/feet or vest top for arm problems. The assessment may take up to 40 minutes.

Where possible we will explain our diagnosis at the assessment, but we may need to send you for further investigations to support this diagnosis, such as X-rays, scans or blood tests. Some tests may be offered the same day but for others a further appointment will be made for you.

We will discuss treatment options with you and refer to other professional teams such as Physiotherapy where appropriate. If we feel you need further assessment by a Consultant team, we will discuss this with you and offer you a choice on where you would like to go for further treatment.

You have the right to decline treatment at any stage of the assessment or at follow-up sessions, without prejudicing your future care. Your GP will be informed of the outcome of your assessment.

If you would prefer a relative or friend to be the point of contact for you with us, then please let the department know.

Please remember

- To bring a list of medications that you are taking with you to your first appointment
- If you have any special requirements, such as an interpreter you would like to discuss with us before your appointment, please contact us on the number on the back of this leaflet
- If you require a chaperone for this appointment please let us know before your appointment

Your appointment

If you are unable to keep your appointment please contact us as soon as possible so that we can offer the appointment to someone else.

If you need to change the date or time of your appointment, please contact our local office on 0117 340 8448. Please call with as much notice as possible. If you wish to change the appointment a second time, we will not be able to offer you another date except in exceptional circumstances.

If you are unable to attend and have not informed us, we will not offer you another appointment. We will write to you and your GP to tell you this. If you do still require an appointment, please contact your GP.

Please be punctual for your appointment. Please let the hospital know if you change your: name, address or Phone number (or if you are moving out of the area) or GP.

For more information

t: 0300 124 5300*

e: askSirona@sirona-cic.org.uk

w: www.sirona-cic.org.uk



@sironacic



/SironaCIC

This leaflet can be provided in other formats and languages,
please contact us for more information.

*Calls from landlines are charged up to 10p per minute; calls from mobiles vary,
please check with your network provider. This is not a premium-rate number.

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Registered Office:

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 **Sirona** care & health