Bringing food into hospital

Sirona care & health has a duty of care towards its patients
This includes all aspects of food safety

Inspected and rated
Good
Care Quality Commission

Service provided by
Sirona care & health

We offer a choice of healthy, balanced meals and snacks with hot and cold drinks. Special diets can be catered for, and are arranged through our ward dietitian.

Food gifts such as fruit, confectionary, and flavoured drinks are traditionally taken to hospital by relatives/friends and are greatly appreciated by the patients who receive them. It is however important that we ensure all food gifts are suitable and safe. This is to minimise risk of infection and allergic reactions as well as checking the food is suitable for the patient (due to medical conditions or drug-nutrient reactions with the patient's medication).

Bringing in food from home is not encouraged, although if you feel your relative/friend would benefit from a food gift please check with ward staff first.

Please do not bring in:

- Raw or cooked meat or fish
- Eggs or egg based dishes
- Ice cream

**Please note ward staff cannot reheat food.*

Sirona will not accept any responsibility for food safety or provide storage or reheating facilities for such food.

Produced by Sirona dietitians, Sirona care & health

How to contact us:
Sirona care & health
Yate Westgate Centre, Yate, 21 West Walk, Bristol BS37 4AX
Tel: 01454 315355 (option 2)

For more information

t: 0300 124 5300* e: askSirona@sirona-cic.org.uk w: www.sirona-cic.org.uk

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This leaflet can be provided in other formats and languages, please contact us for more information.

*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

Date of creation: August 2017. Date of review: August 2018. Ref: 453

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Sirona care & health