



# Active Ageing Service

**Information about our service**

Service provided by

**Sirona**  
care & health

# What is the Active Ageing Service?

The Active Ageing Service works in partnership with your GP surgery. We accept referrals from people aged 70 years and above. Referrals can be made through your GP or self referrals by calling 0300 125 6789 and asking for the active ageing team.

The service is provided by Health Visitors who are Specialist Community Public Health Nurses, together with experienced Health Visitor Support Workers. The Active Ageing Service aims to enable older people to continue to be independent and to promote quality of life in their own homes.

We would like to work in partnership with you to identify any health or social needs, and we can also direct you to services which may be helpful to you.

## **The Service offers:**

- Advice on preventing falls and accidents
- Advice and support with memory loss or dementia
- Support for those who have been recently bereaved
- Advice on living well with on-going health conditions
- Health promotion
- Advice and support for carers
- Promoting quality of life for older people within their homes and communities.
- Signposting to local and national support services

We work in partnership with your GP surgery and other health and social care professionals.

We welcome individuals contacting us after home visits when needs or situations change.

## Who is Sirona care & health?

Sirona care & health is a Community Interest Company (CIC) that is committed to providing health and social care services to people within their own communities.

Sirona care & health is a non-profit organisation which is funded by NHS and public sector monies. There is no charge to you for the Active Ageing Service.

Sirona care & health has provided services in South Gloucestershire since 2014.

We are accountable to NHS bodies for the standards of service we provide and are inspected regularly by the Care Quality Commission.

## Your Information:

With your consent information may also be shared with other professionals involved in your care. Your information may be used anonymously by the National Health Service (NHS) to provide data to develop future services.

## How can you contact us?

To contact your Active Ageing Service Health Visitor or Support Worker, please use the telephone number below. If you have received this leaflet with an appointment letter, telephone contact numbers will also be on your appointment letter.

Health visitor: .....

Health visitor support worker: .....

Contact number: 0300 125 6789

**There is no charge to you for the Active Ageing Service**



## Let us know what you think and get involved

**T:** 0300 124 5300\*

**E:** [sirona.hello@nhs.net](mailto:sirona.hello@nhs.net)

**W:** [www.sirona-cic.org.uk](http://www.sirona-cic.org.uk)

\*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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### Registered office

Sirona care & health CIC,  
2nd Floor, Kingswood Civic Centre,  
High Street, Kingswood,  
Bristol BS15 9TR  
Company Number: 07585003