

**Let us know what you think and get involved**

**T:** 0300 124 5300\*

**E:** [sirona.hello@nhs.net](mailto:sirona.hello@nhs.net)

**W:** [www.sirona-cic.org.uk](http://www.sirona-cic.org.uk)





\*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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**Date of creation** 11/2020

**Date for review** 11/2024

**URN** 0232

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**Registered office**  
Sirona care & health CIC,  
2nd Floor, Kingswood Civic Centre,  
High Street, Kingswood,  
Bristol BS15 9TR  
Company Number: 07585003



## Community Parkinson's Service

**Bristol, North Somerset  
and South Gloucestershire**

Service provided by

## Who is the service for?

The service is for adults with a diagnosis of any type of Parkinson's who are registered with a GP in the Bristol, North Somerset and South Gloucestershire areas.

## What does the Parkinson's Service provide?

The service is provided by both Parkinson's Nurse Specialists (PNS) and Parkinson's Specialist Practitioners (PSP) who are able to give information, advice and support to people with Parkinson's and their family and carers.

We also work with health and social care professionals who may be involved in supporting someone with Parkinson's.

### Services include:

- A specialist assessment within a clinic or your home environment, depending on need
- Telephone and email access
- Support to monitor and review the effectiveness of your Parkinson's medication
- Support and education in order for you to understand your condition and know what you can do to manage it.
- Referral/support to access other healthcare professions including Physiotherapy, Occupational Therapy, and Speech and Language Therapy
- Support to access exercise and support groups
- Support via monthly Drop-In sessions

## Accessing the service

Following an initial referral from your consultant, GP or any other health care professional, you can access the service at any time using the contact details in this leaflet.

## Contacting the service

We can be contacted using the details below:

**Email:** [sirona.parkinsons@nhs.net](mailto:sirona.parkinsons@nhs.net) **Tel:** 0300 125 5550

Our teams are based at the addresses below:

**Knowle Clinic, Broadfield Road, Bristol, BS4 2UH**

**New Friends Hall, Heath House Lane, Stapleton, Bristol BS16 1EQ**

**Parkinson's Service, 2nd floor, Castlewood, Tickenham Road, Clevedon, BS21 6FW**

## Other useful contact numbers

**Parkinson's UK National helpline**

Tel: 0808 8000303 Website: [www.parkinsons.org.uk](http://www.parkinsons.org.uk)

**Parkinson's UK Bristol branch**

Email: [pukbristolsecretary@gmail.com](mailto:pukbristolsecretary@gmail.com)

**Parkinson's UK north-west Somerset branch**

Tel: Mary Jane Hunter on 0344 225 3695

Email: [mjhunter@parkinsons.org.uk](mailto:mjhunter@parkinsons.org.uk)

**Thornbury Parkinson's Group**

Tel: Sally Denham on 0744 333 2150

**Younger Persons' Network (YPN)**

Email: [ypnbristol@gmail.com](mailto:ypnbristol@gmail.com)

**Kevin Carter, Independent Parkinson's Advisor**

Email: [face2face.parkinsons@gmail.com](mailto:face2face.parkinsons@gmail.com)

**Social services/adult social care**

Bristol Care Direct: 0117 922 2700

North Somerset Care Connect: 01275 888801

South Gloucestershire: 01454 868 007

**Carers' Support Centre:**

Bristol and South Gloucestershire: 0117 965 2200

North Somerset: 0300 012 0120