

# The patient journey

This is a general example of a patient journey in the Long COVID Service. Please note, each patient has a unique set of symptoms, needs and circumstances. A care plan will be tailored and agreed with the clinician.



## GP referral

The Long COVID Service will receive a referral from the GP. The patient will be reviewed and triaged in preparation to book their initial assessment by the administrative team.



## Assessment

The initial assessment is usually conducted over the telephone with a Long COVID clinician.



## Care plan

A care plan will be discussed and agreed with the Long COVID clinician. Where necessary, the patient may be asked to attend a Long COVID clinic to conduct further assessments in person.



## Pathway

The Long COVID clinician forms part of a multi-disciplinary team and can refer into different pathways depending on the patient's needs and priorities.



## Discharge

The patient will be discharged from the service after completion of their assessment with the Long COVID clinician to continue with self-management or once an agreed pathway has been confirmed.