

### **Bristol Urgent Treatment Centre**

Minor injuries and illnesses  
Open 8am–8pm, 7 days a week  
South Bristol NHS Community Hospital  
Hengrove Promenade Hengrove,  
Bristol BS14 0DE  
T: **0117 342 9692**

### **Yate Minor Injury Unit**

Minor injuries only  
Open 8am–8pm, 7 days a week  
Yate West Gate Centre 21 West Walk,  
Yate BS37 4AX  
T: **01454 315 355**

### **Clevedon Minor Injury Unit**

Minor injuries only  
Open 8am–8pm, 7 days a week  
North Somerset Community Hospital  
Old Street, Clevedon BS21 6BS  
T: **01275 546852**

Call 111 if you urgently need medical help or advice but it's not a life threatening situation. For less urgent health needs, contact your GP or local pharmacist in the usual way.



**Let us know what you think and get involved**

**T:** 0300 124 5300\*  
**E:** [sirona.hello@nhs.net](mailto:sirona.hello@nhs.net)  
**W:** [www.sirona-cic.org.uk](http://www.sirona-cic.org.uk)

\*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

**This document can be provided in other formats and languages, please contact us for more information.**

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#### **Registered office**

Sirona care & health CIC,  
2nd Floor, Kingswood Civic Centre,  
High Street, Kingswood,  
Bristol BS15 9TR  
Company Number: 07585003



## **Corneal Abrasion**

**Information for people attending our urgent care facilities.**

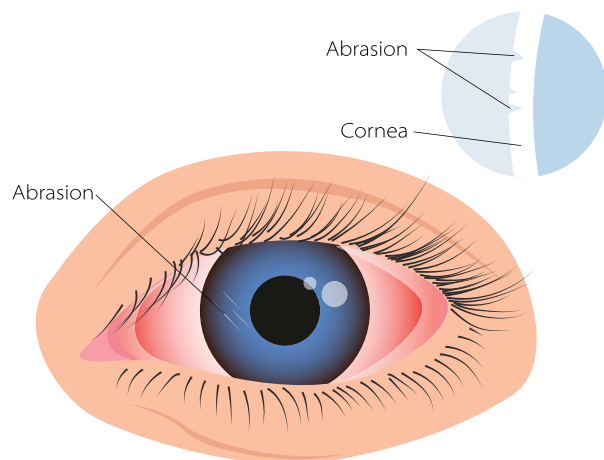
Service provided by



## What is a corneal abrasion?

The cornea is commonly known as the window of the eye and covers the coloured part of the eye. An abrasion is a scratch of the cornea. Unlike a scratch on the skin, it is usually very painful.

### CORNEAL ABRASION



## What treatment will I need?

The treatment that you will be given is aimed at ensuring that the abrasion heals as quickly as possible and that it does not become infected.

Initially, some antibiotic ointment will be instilled and in some cases eye drops dilate your pupil, this will cause the vision to be blurred temporarily.

A firm eye pad may be applied in certain cases, depending on the severity of the situation.

## Remember

When wearing the eye pad your eye should always remain closed. You will also be advised not to drive or to use machinery as your judgement of distances will be affected.

## How long does the abrasion take to heal?

If the treatment is followed correctly, healing will take place within 24– 36 hours and discomfort will subside as the cornea heals.

If you experience any lasting discomfort in the eye in future, you should return to Minor Injuries Department for further assessment or see your GP.

## Recurrent abrasions

A small number of people do not heal properly after an abrasion and can wake up in the morning with a painful eye.

In most cases the pain goes quickly but if the pain persists, we would advise you to come back for further treatment.

## Minor Injury Units

Our minor injury and urgent treatment centres support the local community with urgent minor injuries and/or illnesses. They are led by our specialist emergency nurse practitioners, who are fully trained in both adult and paediatric care.

They are walk-in centres so you don't need an appointment or a referral – you can just arrive at the centre during opening hours. These centres are not appropriate for life-threatening injuries or serious illnesses.

