

Care after a Shave Excision

Subheading Key Points



Dermatology Service
Looking after your wound following skin surgery

Telephone: 0117 9449 782/ 0117 9449 783

Email: Sirona.dermatology@nhs.net

This information sheet provides instructions on caring for your wound after shave excision surgery.

Contact Us:

- For questions or concerns, contact the Dermatology Team:
 - Phone: 0117 9449 782 / 0117 9449 783
 - Email: Sirona.dermatology@nhs.net

What is Shave Excision?

- Shave excision is a procedure where a skin lesion is shaved off.
- This leaves a small wound that typically heals within 1-2 weeks.
- The scar may initially be red and raised, but should eventually become flatter and lighter in colour.
- Because only the protruding part of the lesion is removed, the area may still appear abnormal.

Wound Care Instructions:

- If the wound bleeds continuously, press firmly on the area with a clean dressing for 20 minutes. Do not dab or keep

checking the wound. Elevate your leg if it's bleeding. If bleeding continues, contact your GP or NHS 111.

- Once the local anaesthetic wears off, you can take a mild pain reliever.
- Leave the initial dressing on for 24-48 hours unless instructed otherwise.
- After 24-48 hours, remove the dressing and clean the wound by showering, soaking, or gently pouring warm water over it. This removes debris that can cause infection.
- Pat the area dry with a clean towel or tissue.
- Apply a thin layer of Vaseline or an ointment prescribed by your doctor. A dry dressing is optional.
- Do not wear makeup over the wound until it heals completely.

Let us know what you think and get involved

Telephone: 0300 124 5300*

Email: sirona.hello@nhs.net

Website: [Link to Sirona website](#)

*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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