

What now?

We understand that coming to see us may be worrying or frightening, hence we want you feel supported.

After reading this leaflet, please make sure you ask questions about anything you do not understand or want to know more about.

If you would like any support with your mental health or wellbeing, you may find the following resources helpful:

Off the Record
www.otrbristol.org.uk

Kooth
www.kooth.com

Teens in Crisis
www.onyourmind.org.uk

Your doctor can give you information about other resources. If you would like them, please just ask.

Let us know what you think and get involved

T: 0300 124 5300*
E: sirona.hello@nhs.net
W: Sirona-cic.org.uk

*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

This document can be provided in other formats and languages, please contact us for more information.

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Child Protection Medical

**Information
for young people**

Service provided by

Sirona
care & health

We see people at Eastgate House when they tell us they have been harmed or when people are worried that they have been harmed. We are here to listen to you. We want to make sure that you are happy, healthy and safe. This leaflet has been written to help you to understand the child protection medical assessment, part of a child protection investigation involving social care, police and health working together to help you.

Why is this examination happening?

A medical examination has been requested because people are worried about your well-being. You will be examined by a paediatrician (specialist child and young person doctor).

What happens?

On arrival, a receptionist will check your name and details. The clinic assistant will welcome you and weigh and measure you. The doctor will chat to you and ask some questions.

This can be done in private if you like. The questions might include topics such as your health (any illnesses or medicines), what school and home is like and who is in your family. We ask these questions to get to know what

life is like for you. You will be able to ask any questions that you have.

What are my rights?

The doctor will examine you all over carefully, but sensitively, if you are happy for them to do this. We respect your dignity, and you can say 'no' at any time. Your preference for physician gender will be considered and negotiated.

What about the examination?

During the examination normally only you, the grown up you came with, the doctor and a nurse will be present. If anyone else needs to be involved, this will be discussed with you.

You can take off or lift up one piece of clothing at a time and put it back on before the next is taken off. The checkup will not hurt, but you can ask the doctor to stop at any time. The doctor will make notes of marks you may have. They may take photographs of any marks, which will be stored securely and shared with the relevant professionals, if requested. We will explain it to you if any lab investigations would be required.

What happens after the examination?

The doctor will tell you about the examination and any follow up you may need. They will also explain their findings to the police officer and/or social worker, and your carer if they are with you. The doctor will then write a report which is sent to the people who are working to keep you safe, such as the police and your social worker.

