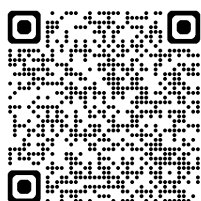


Wound Care Advice



**Telephone: 0300 125 6800 (Yate MIU) | 01275 546852
(North Somerset MIU) | 0300 124 6260 (Bristol MIU)**

**Scan the QR Code to view the MIU and Illness page on
the Sirona care and health website.**

Glue

- A special wound glue has been used. It is designed to hold the wound edges together until it has healed.
- Healing is very quick on faces (about 3 - 5 days). The glue will stay on long enough for this to take place.
- In a few days, the glue will come off on its own. Do not pick or encourage the glue off. Too early a removal will increase the risk of scarring and may introduce infection.
- Avoid washing the area. However, water splashing onto the wound after treatment will not affect the glue.
- Do not soak the wound.
- Do not put any dressing on the wound. Never use an Elastoplast on the glue as this will make it sweat and the edges will not hold together.
- Do not use any antiseptic creams over the glue.
- Do come back to the Minor Injury Unit in the unlikely event of knocking the wound and it opens up again.

Staples

- Your wound has been closed using special steel wound staples. They are designed to hold the wound together until the wound has healed.
- Please phone the treatment room nurse at your GP's surgery to make an appointment to have the staples removed in 5-7 days or as advised by the health care practitioner who put them in for you. It is a painless procedure.
- You may both shower and wash your hair with staples in. You may leave your hair to dry naturally or use a hair dryer on a low or cool setting.
- The staples are designed to stand up proud from the skin and this may, if you are not careful, catch in a comb or brush.

Suture (stitches)

- Your wound has been closed using nylon or paper stitches.
- Please phone the treatment room nurse at your GP's surgery to make an appointment to have the stitches removed in days.
- Please gently remove the paper stitches in 7 days as the health
- Stitches on the face may not be dressed. Apply clean Vaseline to the wound twice a day, but not last thing at night as it will rub off on your bedclothes.
- See your own GP if you are concerned that your wound is getting infected i.e. the wound becomes red, swollen, more painful, pus or discharge is seen. Or if you become unwell with a high temperature.

Pain relief medication

Pain relief medication can help you to reduce the pain allowing you to undertake any suggested exercises and movements of the injury. Moving will help ease the pain and speed up your recovery significantly. Simple pain relief medications such as Paracetamol and Ibuprofen are often all that is required. Please read the medication instructions before taking anything.

Call 111 if you urgently need medical help or advice but it's not a life-threatening situation.

For less urgent health needs, contact your GP or local pharmacist in the usual way.

Contact us

Our minor injury and urgent treatment centres support the local community with urgent minor injuries and/or illnesses. They are led by our specialist emergency nurse practitioners, who are fully trained in both adult and paediatric care.

They are walk-in centres so you don't need an appointment or a referral – you can just arrive at the centre during opening hours. These centres are not appropriate for life-threatening injuries or serious illnesses.

Bristol Urgent Treatment Centre Minor injuries and illnesses Open 8am-8pm, 7 days a week South Bristol NHS Community Hospital Hengrove Promenade Hengrove, Bristol BS14 0DE T: 0300 124 6260

Yate Minor Injury Unit Minor injuries only Open 8am-8pm, 7 days a week Yate West Gate Centre 21 West Walk, Yate BS37 4AX T: 0300 125 6800

Clevedon Minor Injury Unit Minor injuries only Open 8am-8pm, 7 days a week North Somerset Community Hospital Old Street, Clevedon BS21 6BS T: 01275 546852

We want you and the people who help you to understand what we send. If you need help with this letter or leaflet, please tell us.

We can help with larger print, audio (a message to listen to), Easy read, British Sign Language or this information in another language.



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Please scan the QR code to listen to an audio version of this statement.

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