

Community Respiratory Specialist Team

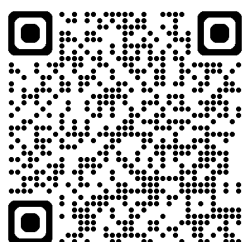
Travelling with oxygen when you have a lung condition



**Information for patients, relatives, and
carers.**

Telephone: 0300 124 5909

Opening times: Monday – Friday, 9am-5pm.



Service provided by

Sirona
care & health

If you use oxygen and are planning to travel, plan ahead to make sure you have enough oxygen and stay safe.

Travelling within the UK

Before you travel.

- Contact the place you are staying to check they can accept and store your oxygen
- Tell the transport provider (train, coach, or taxi) that you will be travelling with oxygen.
- Plan your journey. Make sure you have enough oxygen for the whole trip, including delays.

Oxygen supply at your holiday destination

Air Liquide are your oxygen provider. They can deliver oxygen to where you are staying anywhere in the UK.

Holiday prescriptions

- If you use the same oxygen as at home, you do not need a new prescription.
- Call Air Liquide on 0808 143 9999. They will arrange delivery of your oxygen.
- Call at least three working days before you travel.

Important

- If you need different oxygen, call the Sirona Community Respiratory Team on 0300 124 5909. **Call at least 10 days before you travel.**

Air Liquide will provide advice and oxygen arrangements for your return journey, including the collection of oxygen equipment from your holiday accommodation.

Travelling outside of the UK

Before you travel

- Check you are well enough to travel, especially if flying.
- You may need a “fitness to fly” test to check if you need oxygen on the plane. Please contact your GP to make the appropriate referral for this.
- The community respiratory team cannot provide oxygen abroad or sign forms for travelling with oxygen.

Flying with oxygen

- You cannot take your own oxygen on a plane.
- Most airlines allow approved portable oxygen concentrators.
- Contact your airline before you book or travel.

Oxygen at your destination

- UK oxygen providers cannot supply oxygen outside the UK.
- UK oxygen providers do not allow you to take their equipment outside the UK (including on Cruise Ships) and cannot guarantee the safety of equipment taken outside of the UK.
- You must arrange oxygen in the country you are visiting.
- **Asthma + Lung UK can also offer support** and advise on travelling abroad with oxygen: 0300 222 5800.
- European Lung Foundation have useful information regarding Air Travel when you have a lung condition: [Air travel when you have a lung condition - European Lung Foundation](#)



Travel Insurance

- Tell your travel insurance provider that you use oxygen and have a lung condition.

- Make sure your insurance policy:
 - Covers pre-existing medical conditions.
 - Covers oxygen use.
 - Covers medical care and emergencies abroad.

Without insurance, medical care can be very expensive.

Further Information and Support

European travel

- If you are travelling within the **EEA (European Economic Area)**, it is recommended that you apply for a [GHIC \(Global Health Insurance Card\)](#). This allows UK residents to access state-provided healthcare in many European countries at a reduced cost or for free while on holiday.



- Call NHS Overseas Healthcare Services: **0191 218 1999**

Useful Resources

Department of Health Travel Helpline: **0207 210 4850**

www.gov.uk/foreign-travel-advice



NHS website – Healthcare Abroad:

www.nhs.uk/using-the-nhs/healthcare-abroad/



Asthma + Lung UK – Travelling with oxygen:

www.asthmaandlung.org.uk



European Lung – air travel when you have a lung condition:

[Air travel when you have a lung condition - European Lung Foundation](#)



Airline index – Airline database with contact details and oxygen policies for each airline:

[Airline index - European Lung Foundation](#)



EU rights - Rights for travelers with disabilities or reduced mobility:

[EU passenger rights for people with disabilities or reduced mobility - Your Europe](#)



Contact details:

Telephone: 0300 124 5909

Other formats

We want you and the people who help you to understand what we send. If you need help with this letter or leaflet, please tell us.



You can phone us on 0300 124 5909.

Please scan the QR code to listen to an audio version of this statement.

Let us know what you think and get involved.

Telephone: 0300 124 5300*

Email: sirona.hello@nhs.net

Website: Link to Sirona website (sirona-cic.org.uk)

*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

This document can be provided in other formats and languages, please contact us for more information.

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