

WET 'LEAKY' LEGS

Do your patient's legs look like this?



If Yes

Stage 1:

- ✓ Provide essential skin care, washing with an emollient and moisturise to help protect and keep the skin hydrated.
- ✓ To manage the leaking and provide support and comfort:
 - Apply Atrauman and a super absorbent pad Eg. Zetuvit Plus
 - Bandage leg toe to knee with K-Soft for comfort and shaping and 2 x K-Lite.

Complete a holistic assessment: including past medical history, lower limb assessment and perform an ankle brachial pressure index (ABPI) assessment. If the patient is not tolerating ABPI due to pain please refer to the wound care service for toe brachial pressure index (TBPI) providing all the relevant information from your holistic assessment.

Stage 2:

When assessment has been completed follow leg ulcer guidelines. If no arterial disease or symptoms i.e. cardiac failure, renal disease:

- ✓ Provide essential skin care, washing with an emollient and moisturising to help protect and keep the skin hydrated.
- ✓ Apply Atrauman and super absorbent pad i.e. Zetuvit Plus
- ✓ Use K-Soft for comfort and to shape the leg if using compression bandages.
- ✓ Apply an inelastic bandage such as Actico (1 or 2 layers depending on ankle circumference) or Juxta-Cure.

IF NOT MANAGED THE LEGS WILL CONTINUE TO LEAK AND THE RISK OF INFECTION INCREASES

Stage 3:

Once your patient's legs are dry and the oedema has reduced, measure for a European standard (RAL) hosiery kit or a compression wraps such as Juxta-Fit or Ready Wraps.

Version 2

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